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The Startup Journey:
From Idea to Impact

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Nitin Gadkari Announces the End of Current Toll System to Introduce a New Satellite Based Toll Collection System



25th July 2024: Nitin Gadkari, the Union Minister for Road Transport and Highways, has announced that the government plans to roll out a satellite-based toll collection system in India. This new system will replace the existing toll system and will be based on GPS technology. The toll charges will be deducted directly from the user's bank account based on the distance traveled. The system is expected to be more efficient and will help in reducing congestion at toll booths. The government plans to roll out this system in the next three months.

The new system will use GNSS technology to track vehicle locations accurately and calculate tolls based on distance traveled. The system will be integrated with FASTag, which is already being used for toll collection. The OBUs are expected to complement rather than replace FASTags, offering lower operational costs and enhanced efficiency.

The implementation of a satellite-based toll collection system offers a range of benefits, including reducing traffic congestion and improving the overall flow of vehicles by eliminating the need for physical toll booths. This system optimizes road usage, particularly during peak times, and enhances transportation infrastructure. It also provides motorists with a seamless, cashless transaction experience, increasing convenience and efficiency in toll collection while boosting revenue and operational effectiveness. However, the system's reliance on GPS technology raises some

security concerns. These include potential privacy issues due to vehicle tracking, the risk of data breaches that could expose sensitive information, and the possibility of GPS manipulation, which could lead to incorrect toll calculations or exploitation of the system. Therefore, while satellite-based tolling promises significant improvements in road management, addressing these security challenges is essential to its success.

To effectively tackle the challenges associated with the current toll system, the government is set to implement comprehensive data protection strategies. These include the integration of two-way encrypted data communication to ensure secure exchanges of information between users and the system. Additionally, a secure communication infrastructure will be established to safeguard the integrity and confidentiality of the transmitted data. Complementing these technological measures, a well-defined policy and regulatory framework will be put in place to guide the implementation and operation of the system, ensuring compliance with data security standards and promoting transparency. The satellite-based toll collection system, with these enhancements, is anticipated to bring about a significant improvement in comparison to the existing toll system, contributing to a smoother traffic flow and a notable reduction in congestion on the roads..

By Rishika Tiwary , BMM, 1st Sem

Finance Minister presented VIKSIT BHARAT BUDGET 2024 :



23rd July 2024, New Delhi : The union budget of this fiscal year i.e. 2024 -25 was presented by Smt.Nirmala Sitharaman . It was habitually conveyed in four junctures :- Estimating expenditures and revenues, Approximation the deficit, Narrowing the deficit.The budget majorly cored on MSME & The Middle class division of nation,Overall Employment and Skill Development of citizens. Our honourable Prime Minister also announced package of five inventiveness to assist recruitment,skilling & other opportunities for the juvenile for a span of five years with injection of capital of 2 Lakh Crores Rupees. The Indian government also outlayed Rs 1.48 lakh crore for education, employment & skilling.The ballpark figure also focused on Productivity and resilience in Agriculture, Employment & Skilling, Inclusive Human Resource ,Development and Social Justice Manufacturing & Services Urban Development, Infrastructure Innovation, Research & Development & Next Generation Reforms. The government also mentioned that subsequent budgets will build on these agendas and add more priorities and actions.The PM also announced the "EMPLOYMENT LINKED INCENTIVE" package which was subdivided into three schemes First Timers : To provide one month wage upto 15 thousand to all freshers employers of formal sectors getting paid minimum 1 lakh per month.

Job Creation: To provide more career opportunities in the manufacturing sector mostly linked to freshers. Fiscal Support to employers : The government will reimburse employers up to INR 3,000 per month for 2 years towards their EPFO contribution for each additional employee.Purvodaya will concentrate on comprehensive & holistic development of Eastern India. Govt of India will also concentrate on Amritsar Kolkata Industrial Corridor,which will catalyse the industrial development of the eastern region,and an industrial node at Gaya will be developed to facilitate Purvodaya scheme and it's features. The limit of Mudra loans will be enhanced to INR 20 Lakh for those

entrepreneurs who have availed and successfully repaid previous loans under the Tarun category.The Government will fully exempt three more cancer medicines from customs duties. Some changes will be made in the BCD on x-ray tubes & flat panel detectors for use in medical x-ray machines under the Phased Manufacturing Programme, so as to synchronise them with domestic capacity addition. Additionally,import duties on gold,silver, and other goods were lowered to stimulate retail demand.However,customs duties on items like ammonium nitrate and telecom products increased,affecting industries.Gold prices fluctuated after the budget announcement,declining initially but recovering later.

It also aims to make electronic items more affordable.The Finance Minister announced a reduction in customs duties on components like mobile phone chargers and circuit boards.This move is expected to lower production costs, leading to more competitive pricing for consumers also facilitating the GenZ. The Indian Government also allocated 3 lakh crore for promotion of female development on a holistic basis.The government also promised to initiate natural farming among one crore farmers in the upcoming two years.Under PM Awas Yojana Urban 2.0 Shelter needs of urban poor and middle class will be addressed by central govt by investment of Rs 10 lakh crore.The Ministry of Defence (MoD) has been allocated Rs 6,21,940.85 crore (approx.US \$75 Billion) leading the first rank in fund allocation among other ministries.

As the budget has increased short-term capital gains (STCG) tax and long-term capital gains (LTCG) tax,this is the most negative post-budget investment effect noted until.

Therefore the budget aims for blossoming.The nation awaits for the headway which can truly lead our India to Viksit Bharat,A vision of all Indians!!

-By Shallu, BMM, 1st Sem

Puri set to Celebrate Rath Yatra after 53 years, President Droupadi Murmu



7th July 2024, Shri Kshetra Puri Dham: Puri, also known as Jagannath Puri is located in Odisha. It is a coastal city located on the interface between land and sea. This city is the district headquarters of Puri District and is situated on The Bay of Bengal. It is one of the famous and the most important cities among all the cities of India.

Puri is a Hindu pilgrimage and considered as one of The Four or THE CHAAR DHAMS of India. This festival is celebrated with great festivities and shows in the city. PURI is all set for the yatra, 2024 with the beautiful decorations all over the city and the chariots for deities. The JAGANNATH PURI YATRA 2024 will be a memorable occasion which is going to be celebrated in the month of JULY. Some important information regarding the yatra:- JULY 7TH, 2024, along with the festivities is extended to JULY 8TH, 2024.

The chariot procession, where the deities of Lord Jagannath, Lord Balabhadra and Goddess Subhadra will be visiting to their aunt's house, The Gundicha Temple (mausi / mother's sister). The festival is a nine-day celebration, it is ready with the chariots for the deities, whose construction was started on Akshay Tritiya. The Jagannath Yatra holds a special and memorable place in the heart

of devotees. It symbolizes harmony, unity, love, and brotherhood. The rath yatra will be celebrated with great grandeur in PURI. During the festival, the three chariots will become the center of attraction, the deities will attract millions of people. The devotees love to dance along with the God. It is believed that Lord Jagannath himself dances with the priests and the devotees.

As per the religious beliefs, people feel the presence of Lord Krishna, Puri city is considered as the home of Lord Krishna. Shri Hari's heart is betting inside Lord Jagannath and hence, it is said that Lord Jagannath is the incarnation of Lord Vishnu (the protector of the universe).

President Droupdi Murmu will attend the festivities in Odisha. This is a significant Hindu festival, the presence of the president in such an auspicious festival marks her respect towards the traditions. Honorable PRESIDENT MURMU, will participate in the Rath Yatra. To ensure the President's safety and maintenance of the law and order, security personnels will be deployed.

- By Bhumi Bhola, BMM, 1st Sem

Puri set to Celebrate Rath Yatra after 53 years, President Droupadi Murmu

5th August 2024 : Bangladesh students have been protesting against the quota system that reserves 56% of government job for certain groups including children and grand children of freedom fighters. This decision taken by the government of Bangladesh. The protest led by the "students against discrimination" group began in June 2024 after the court ordered and reinstated the quota system, which was previously abolished in 2018.

The demand of students is the abolition of the quota system, citing concerns that it undermines meritocracy and breeds corruption. They also claim that the system favors supporters of the ruling party, they want students to apologize

first, they want the restoration of internet connection, they want college and university to reopen, they demanded the government to release the protesters who were arrested by them. The government has responded to the protesting with force, imposing curfews. PM Sheikh Hasina has blamed opposition parties and "terrorists" for the violence. The Supreme Court has since ruled to reduce the quota system from 30% to 5%. The situation remains the same as usual tense, with reports of ongoing arrests and violence. The international community has expressed concern over the government's handling of the protests.

By Aarchi Pradhan BMM 1st Sem

Bajaj launches world's First CNG Motorcycle in Delhi



5th July 2024 : The Bajaj Hero Motocorp Compressed Natural Gas (CNG) which was founded by American physicist Dr. J.P. Farley in 1930s worldwide and introduced in India 1991 by Tata Motors, Maruti Suzuki, and Indraprastha Gas Limited (IGL).

CNG which is also known as the "Green Fuel" because it causes less pollution by emitting fewer pollutants. Also, it doesn't contaminate motor oil like traditional fuels, which helps to increase the life of lubricating oils, also it is recognized because of cost efficiency. Although many vehicles such as autos are using CNG for power generation. Bajaj, which is an Indian Multinational Conglomerate founded by Jamnalal Bajaj in Mumbai, Maharashtra, India in 1926, their automotive subdivision which is engaged in the business of the development, manufacturing, and distribution of automobiles, such as motorcycles, commercial vehicles, electric two-wheelers and parts. They took an initiative to launch the world's first compressed natural gas (CNG)-powered two-wheeler, the FREEDOM 125, Pune on 5th July 2024. Their CEO Mr. Rajiv Bajaj praised the bike as an avatar of freedom and freedom from petrol. FREEDOM 125 which is a 125 cc bike that can switch between petrol and CNG with the press of a button which indicates that it is pocket-friendly and as well Eco-friendly. It also has a dual fuel tank that includes a 2-kg cylinder for CNG and a 2-litre tank for petrol. The bike's fuel tank can travel more than 120 miles (193 km) on 4.4 lbs. (2 kg) of CNG, and it also has a half-gallon gasoline tank for an additional 80 miles (129

km). The bike falls within the 100cc-125cc segment, with the '125' likely indicating the engine displacement. It also has a round LED headlight and a practical flat seat. In addition to the Indian market, Bajaj Auto plans to export the CNG bike to six countries, including Bangladesh, Egypt, and Tanzania. FREEDOM 125 aims to relax their customers of income between Rs 30-35,000/- per calendar month. Bajaj Auto also plans to offer two variants of the Freedom 125 – a regular model and a premium model, the latter featuring more colour options and additional features.

The exposure of Bajaj Auto's first CNG bike marks a significant milestone for the Indian automaker and the two-wheeler industry at large. Its unique styling makes it stand out from other commuters' motorcycles, also it has a fully digital instrument cluster with Bluetooth connectivity, call alerts, missed call notifications, and a battery life indicator. Also, FREEDOM 125 has centre-set footpegs, long and contoured seats.

With its dual-fuel system, this bike is set to offer a highly economical and practical transportation solution, both in India and abroad but it is also noted that highway performance has been mediocre and it also lacks safety features such as ABS. Also, it is priced at a premium of Rs. 15,000 to 30,000 compared to competitors in a very price-sensitive segment. To sum up, it is the concept that can possibly revolutionise the market and upturn prosperity!

- By Agamjot, BMM 1ST SEM



The Art of Balancing managing academics and part-time jobs and extracurricular activities.

Now with a fast-pacing world for the students' present generation, so all have to adjust between academics along with some part time, club, and similar other activities also. The heavy burden of working at each ground with perfection overstates pressure, still it is attainable to deal with all conditions while maintaining adequate adjustment. Here, it is also mentioned how student's time-management would help for wellness and attainment of their skills combined with their professional demands. The first step is to identify and prioritize commitments. While all three areas are important, academics often take precedence because they lay the foundation for future career opportunities. Deadlines for assignments, exams, and projects should be assessed to ensure that academic responsibilities are met without compromising the quality of work. Once academic priorities are set, part-time jobs and extracurricular activities can be planned around them. Part-time jobs, although important for financial independence or gaining work experience, should not come at the expense of academic performance. Students should target jobs with flexible hours, preferably those that don't conflict with study time. Extracurriculars, whether sports, volunteering, or joining clubs, are a great way to build skills, relieve stress, and socialize. However, when overcommitted, they can lead to burnout. Striking the right balance between academic work, job commitments, and extracurricular participation is key. Effective time management is essential to students who hold multiple commitments. The use of calendars or digital planners can be used to keep track of deadlines, job shifts, and extracurricular events. Students can plan their weekly or monthly schedule with specific time slots allocated to each responsibility to ensure enough time for all their obligations. The most effective way of time management is the Pomodoro Technique, which is focused working in intervals-usually 25 minutes-followed by short breaks. This technique keeps up the productivity with avoiding burnout. Similarly, the specific time blocks for study, work, and extracurricular activities help establish routine and minimize distraction. Managing multiple commitments requires setting clear, realistic, and measurable goals. Academic goals may include maintaining a specific GPA, finishing assignments on time, or excelling in exams. Job-related goals might revolve around saving a certain amount or gaining specific skills. In the realm of extracurriculars, goals could include attending meetings, participating in events, or developing new



talents. Realism is the key to achieving these goals. Overcommitting oneself to activities can cause stress and poor performance. It is also helpful to break down large goals into smaller, achievable tasks, which makes it possible to make steady progress without feeling overwhelmed. For instance, setting a target of reading a certain number of pages or finishing a section of an assignment per day makes the workload manageable and less daunting. Learning to say no is one of the often-neglected skills when managing academics, part-time jobs, and extracurriculars. Although it can be tempting to take on extra work or join every club, the danger of burnout and lower performance in all areas means that one must learn to politely decline at times. Students should also learn to set boundaries, especially in part-time jobs and extracurricular activities. For example, informing a part-time employer about academic commitments or letting a club leader know if the workload becomes too much can ensure a healthier work-life balance. Remember, quality over quantity is important when participating in any activity. One of the best ways to handle multiple responsibilities is by seeking support from family, friends, or mentors. Sharing challenges and asking for help can lighten the emotional load, provide valuable advice, and offer much-needed encouragement. Sometimes, talking to professors or managers about academic or work struggles can lead to understanding or flexibility in deadlines and schedules. Support systems are crucial for maintaining good mental well-being, especially when balancing intense schedules. Thus, a friend who can offer emotional support and another who can offer career advice like a mentor can be very helpful in reducing pressure from juggling academics, jobs, and other extracurricular activities. Between balancing academics, work, and extracurricular activities, physical and mental health is often forgotten. However, it is important for long-term success and well-being. Students should sleep for at least 7–8 hours a night, as rest helps improve concentration, memory, and overall health. Regular physical activity, such as walking, yoga, or gym workouts, can reduce stress and increase energy levels, making it easier to focus on tasks.

The Startup Journey: From Idea to Impact



untested ideas. This process will enable you to respond to the demands of the market in the shortest possible time and perfect your product before its full-scale launch. A strong brand identity is another critical step. Your brand is the face of your startup and a significant factor in building trust with your audience. Select a memorable name and logo that resonate with your mission and values. Define a clear brand voice and ensure consistency across all touchpoints, from your website to social media platforms. An online presence is prime importance in the digital age where most customers find and engage with brands online. Marketing is a critical function in awareness building and customer acquisition. Use a combination of traditional and digital marketing to reach your audience. Content marketing, social media engagement, email campaigns, and search engine optimization are cost-effective ways to build your brand and connect with potential customers. Paid advertising and influencer collaborations can further enhance visibility and credibility. A successful startup is one that is constantly evolving. Track your performance, and be dynamic enough to change with the tides. KPIs track metrics such as cost of acquiring customers, user engagement, and revenue growth. Feedback from customers and other stakeholders is always helpful in spotting areas of improvement and making proper decisions. Scaling a business is one of the milestones many startups look to achieve. After establishing product-market fit and getting traction, your focus should be on scaling up your operations, entering new markets, and growing your customer base. Scaling requires careful planning to maintain quality and ensure sustainable growth. This is the time to strengthen your infrastructure, hire new talent, and optimize processes. While navigating financial constraints and intense competition is quite a challenge, the end can be gratifying in terms of creating something impactful and meaningful. Success requires embracing failure as a learning opportunity, being agile, and staying true to their vision. Some people find value in relationship building such as with mentors, peers, and industry experts who can guide and support them in the best way. Thus, starting a new business is always dynamic and challenging; it involves innovativeness, persistence, and adaptability. By using the steps followed in this piece of writing, staying customer-centered will ensure the new entrepreneur transform an idea into a successful venture. Remember that any great company begins as an idea. With perseverance and the correct strategy, your new venture will be well established in the world of business.

Usha Uthup: The Icon of Indian Pop Music



Usha Uthup, often referred to as the queen of Indian pop music, is a legend whose voice and persona have left an indelible mark on the music industry. Her vibrant energy, distinct voice, and unique style of music have made her a beloved figure for over five decades. Born in 1947 in Mumbai, Usha Uthup's musical journey began in an unconventional manner. Coming from a family with no formal musical background, her love for music was nurtured through radio and records. At the age of nine, she was expelled from her school choir for having a voice that was deemed too deep! However, this very voice went on to define her identity in the Indian music scene. Her breakthrough came when she started singing in nightclubs in Chennai, Kolkata, and Mumbai, capturing the attention of music lovers with her deep, husky voice. Her first recording was with the English song "Jambalaya" in 1969, and from there, there was no turning back. She was soon singing in multiple languages, including Hindi, Tamil, Bengali, and Gujarati, effortlessly blending Indian melodies with Western pop. Uthup brought the nightclub culture into mainstream Indian music and introduced Western pop songs to Indian audiences. In the 1970s and 80s, while Bollywood playback singers focused on classical or romantic styles, Usha Uthup stood out with her renditions of jazz, swing, and contemporary pop, creating a niche for

herself. Apart from her independent albums and live performances, Usha Uthup has had a significant impact on Indian cinema. She lent her voice to iconic Bollywood songs such as "Hari Om Hari" from Pyaara Dushman (1980), and "Rambha Ho" from Armaan (1981). Her voice added an edge to the film tracks, and even today, these songs remain evergreen. Her contribution to music extends far beyond playback singing. Usha Uthup has performed in sold-out concerts across the world, including prestigious venues such as Royal Albert Hall, London, and Madison Square Garden, New York. She has also been awarded numerous accolades, including the Padma Shri in 2011, recognizing her contribution to Indian music. Usha Uthup's influence is not just limited to music. Her affable personality, love for Indian culture, and ability to connect with people from all walks of life have made her a cultural icon. She broke stereotypes about what a female singer should sound or look like, paving the way for future generations of diverse artists. Even in her 70s, Usha Uthup continues to perform with the same passion, proving that music truly has no age. She is an embodiment of versatility, a woman who carved her own path and became a symbol of musical diversity. She remains a living legend, a bridge between cultures, generations, and musical styles.

- By Rishika Tiwary, BMM, 1st Sem

Usha Uthup: The Icon of Indian Pop Music



Arunima Sinha's journey to becoming an Everest conqueror began with a life-altering incident in 2011. A former national-level volleyball player, Arunima was traveling on a train when she was pushed out of a moving train by thieves attempting to rob her. The traumatic event resulted in the loss of her left leg below the knee. Faced with immense physical and emotional challenges, Arunima refused to let her circumstances define her. In May 2013, after months of intense preparation and training, Arunima Sinha embarked on her monumental expedition to Mount Everest. Climbing at such high altitudes poses numerous challenges, including extreme weather conditions, physical exhaustion, and the risk of

Manu Bhaker: A Historic Bronze at the Women's 10m Air Pistol Event



28th July 2024, Paris Olympic: Indian shooter Manu Bhaker continues to make history, adding yet another feather to her illustrious cap. In a groundbreaking achievement, Bhaker recently won her first bronze medal at the prestigious Women's 10m Air Pistol event, becoming the first Indian woman to reach the BBC Olympic podium. Her triumph not only marks a personal milestone but also sets a new benchmark for Indian sports on the global stage. At just 22 years old, Manu Bhaker has already become one of India's most promising sports icons. Hailing from Jhajjar, Haryana, her rise in the sport of shooting has been nothing short of spectacular. The Women's 10m Air Pistol event is a highly competitive category that requires mental fortitude and sharp focus, and Bhaker has proven time and again that she can thrive under pressure. Competing against some of the world's best shooters, she showed grit and composure, securing a well-deserved bronze with her outstanding performance. By becoming the first Indian woman to stand on the BBC Olympic podium, Manu Bhaker has paved the way for future generations of female athletes in India. Her achievement resonates far beyond her sport, serving as an inspiration to countless young girls across the country. In a traditionally male-dominated field, Bhaker's success signals a significant shift in the landscape of Indian sports, where more women are stepping into the limelight and achieving global recognition. Manu Bhaker's journey to this historic win has been marked by perseverance, determination, and hard work. Since her

early success at the 2018 ISSF World Cup, where she won her first gold medal at the age of 16, Bhaker has steadily climbed the ranks of the shooting world. She has represented India at multiple international competitions, including the Youth Olympic Games, the Commonwealth Games, and the ISSF World Championships, earning accolades and medals along the way. Her ability to stay calm and composed, even in high-pressure situations, has become her trademark, earning her the respect and admiration of her peers and fans alike. As Manu Bhaker stands proudly on the BBC Olympic podium, her bronze medal win is just one chapter in a much larger story. She continues to be a strong contender for future Olympic Games and World Championships, and her success has sparked a renewed sense of optimism in Indian sports. With her eyes set on more international tournaments, Bhaker is poised to add even more accolades to her impressive career. Manu Bhaker's historic bronze medal win is not only a personal triumph but also a moment of pride for India. She has proven that Indian athletes, particularly women, can compete at the highest levels of international sports and emerge victorious. Her achievement shines a spotlight on the potential of Indian shooters and inspires a new generation to follow in her footsteps. As India celebrates this incredible milestone, Manu Bhaker's legacy continues to grow. Her journey is a reminder that with hard work, determination, and a passion for excellence, no dream is too big.

-By Nisha Chaudhry, BMM, 1st Sem

altitude sickness. However, Arunima's tenacity and indomitable spirit propelled her forward. On May 21, 2013, Arunima reached the summit of Mount Everest, making her the first female amputee to achieve this remarkable feat. Standing atop the world's highest peak, she not only celebrated her personal victory but also shattered stereotypes surrounding disability and gender. Her achievement highlighted the power of perseverance and the human spirit's capacity to overcome the most daunting challenges. Arunima Sinha's extraordinary journey has garnered national and international recognition. She has received numerous awards, including the prestigious Tenzing Norgay National Adventure Award and the Padma Shri, India's fourth-highest civilian award. Her story has been featured in various media outlets, inspiring documentaries, and motivational talks. Arunima Sinha's ascent to the summit of Mount Everest is not just a remarkable achievement in mountaineering; it is a powerful narrative of resilience, courage, and the triumph of the human spirit. Her journey serves as a reminder that, despite life's challenges, we can rise above adversity and achieve greatness. As Arunima continues to inspire others, her legacy as a trailblazer for women and people with disabilities lives on. She stands as a testament to the strength of the human spirit, encouraging us all to chase our dreams and redefine what is possible.

By Shreyangi Singh, BMM, 1st Sem

“Malala Yousafzai: A Lighthouse of Courage”



In this world, too often silenced is the voice: Malala Yousafzai is just a lighthouse. Born on 12 July, 1997, in Pakistan's Swat Valley, this girl has narrated the strongest defiance against any oppression and strong pursuit for a cause for all—education. She understood the power of knowledge to change things and the role of education in emancipating women from a young age. Malala became global by starting writing about her life under the Taliban regime at the age of 11 for a blog in the BBC. Such were the words that reflected the untold struggles of thousands of girls, and they ignited the movement that would go beyond borders. However, her activism made her a target. On October 9, 2012, Malala was shot in the head by a Taliban gunman while returning home from school. Her survival was nothing short of miraculous and became a turning point in her mission. Malala's strong will continues

to motivate her even after the attack on her. She founded the Malala Fund with her father to ensure girls' education all over the world. At just 17 years of age, she became the youngest-ever Nobel Peace Prize laureate. Her eloquence and compassion have continually inspired leaders and citizens to focus their efforts on the cause of education and equality. Malala's story is not a personal one alone. Her voice has empowered millions of girls to step into schools in the most impoverished communities. She reminds us that no challenge is insurmountable and every individual has the power to create change. In her book, I Am Malala, she writes, "One child, one teacher, one book, and one pen can change the world." Her life is a living testament to this belief. She turned her pain into purpose and became a voice for the voiceless, showing that true power lies not in physical strength but in the courage to stand up for what is right. Malala Yousafzai's journey is a powerful reminder that bravery, resilience, and hope can transform even the darkest circumstances. Her legacy continues to inspire generations to fight for equality and justice, proving that education is the key to unlocking a brighter future for all.

Women's Education: A Key to Empowering Societies

Education is one of the most powerful tools for personal and societal transformation. It equips individuals with knowledge, skills, and confidence to navigate life's challenges and contribute meaningfully to their communities. However, the importance of women's education goes beyond personal growth. Educating women has a ripple effect, empowering families, fostering economic development, and reducing societal inequalities. Despite the great progress over the years, millions of girls and women are excluded from education through various means of cultural, economic, and systemic barriers. Women's education is vital for empowerment and social equity. Educated women are more confident and can make effective choices in their lives; they break down the stereotypical gender myths and demand equal rights. Additionally, women's education is highly interlinked with economic growth. Higher the rates of female education in a country, the faster will be its economic development as educated women are more likely to join the workforce, start businesses, and contribute to the GDP. Education also profoundly impacts health outcomes. Educated mothers maintain healthier practices, seek medical attention, and provide vaccination and nutritional needs for the children, which leads to significantly reducing child mortality rates and raising family well-being. More importantly, educated women can break cycles of intergenerational poverty, earning better income and focusing their children's schooling to create futures for generations of family members. Despite its relevance, women's education faces quite a number of challenges. Cultural and social barriers are still the major obstacles. Traditions usually favor the

education of boys over girls. In many regions, girls are married off early, which limits their access to schooling. Economic constraints further worsen the situation, as families with limited resources often consider boys' education a better investment. Safety issues are another major issue; dropouts occur due to harassment, absence of safe transport means, or a fear of violence, especially in areas affected by conflict. Poor infrastructure also means girls do not get separate toilets or menstrual hygiene facilities in schools. There are gaps in policy and funding concerning improvement in women's education. Most of the programs to bridge the gap in education are poorly resourced and lack political support. Despite these challenges, there have been some success stories in improving women's access to education. India's Beti Bachao Beti Padhao campaign, for example, has raised awareness about the importance of educating daughters and provided financial incentives to support girls' schooling. Internationally, advocacy through the likes of Malala Yousafzai highlighted the critical priority of ensuring girls' education. Her courage and activism have led global initiatives to accord importance to the education of girls in the midst of conflicts. In Rwanda, government policies with a special thrust towards gender equality have led to an increase in the admission of girls into schools in numbers that are phenomenal. Such stories demonstrate that change is indeed possible when governments, communities, and other members of society are on board. A multi-faceted approach is needed to address the challenges facing women's education. Governments need to make gender equality in education policies a priority and allocate enough funds for

Rani Lakshmibai: The Warrior Queen Who Inspired a Nation



Among several freedom fighters whose names are immortal in India's history, few such as Rani Lakshmibai inspire as much respect as they did and still do: a symbol of courage, resistance, and defiance, making her the face of India's fight against British colonial rule. Her bravery in the Indian Rebellion of 1857 is still inspiring generations. As a queen, a warrior, and a patriot, she broke all the stereotypes, proving that women can lead from the front even in the most critical times. Manikarnika Tambe was born in 1828 in Varanasi in a Brahmin family. She was quite bright and spirited since childhood. Her father, Moropant Tambe, ensured that she received an education in the traditional male pursuits: sword fighting, horse riding, and archery. At the age of 14, she married Gangadhar Rao, the Maharaja of Jhansi, and became Rani Lakshmibai. Her happiness was short-lived. The couple's son died as an infant, and they adopted a boy, Damodar Rao. After the Maharaja's death, the British East India Company refused to recognize the adopted heir, invoking the Doctrine of Lapse to annex Jhansi. This unjust move sowed the seeds of rebellion in the young queen's heart. The Indian Rebellion of 1857 began, and Rani Lakshmibai became the face of it. The British asked her to leave the Jhansi fort; she declined, declaring, "Meri Jhansi nahi dungii" (I will not give up my Jhansi). It was her war cry. Under her leadership, people of Jhansi prepared to defend the city against British attacks. She recruited an army and trained women for war. The strategy and valour made Jhansi a bastion of resistance during the rebellion. She fought valiantly but could not prevent the British invasion of Jhansi. However, Rani Lakshmibai did not lose hope. Disguised as a soldier, she and

her son, accompanied by some loyal soldiers, managed to escape the British. She continued her fight and allied with other leaders such as Tatya Tope. The final fight occurred in Gwalior in 1858 where she fought fearlessly against British forces. It is said that she wore warrior's clothes and charged into the battle with her sword in her hand, instilling courage among her soldiers. Unfortunately, she was fatally wounded, but she became immortal for her legacy. Legacy and Impact It was a life that will be a beacon of hope and resistance for the

generations to come, her defiance not simply about regaining her kingdom but standing against oppressive colonial rule that denied Indians rights. She inspired poets, writers, and revolutionaries with her story. Subhadra Kumari Chauhan's poem Jhansi ki Rani made her a name in Indian literature, painting a picture of bravery. The poem is still being read in schools to instill pride in young minds. Statues of Rani Lakshmibai astride a horse, sword held high, adorn public spaces all over India. These statues represent more than just valor; they represent the courage of the Indian women day in and day out. Rani Lakshmibai is a legend in her own time, transcending the barriers of time. She teaches valuable lessons in resilience, leadership, and patriotism. Her life has been a demonstration of the fact that leadership is not about titles but about action and conviction. Life teaches us to stand firm when injustice stares in the face. In a world that is still grappling with gender inequality, the example of Rani Lakshmibai teaches us that women can do something extraordinary. It is in this sense that her life urges us to challenge societal norms and work toward a more equitable society. Rani Lakshmibai was a queen, but she was a revolutionary who redefined bravery and resistance. She was a great example of a spirit that refused to be doused even by the most extreme adversity. Today, India is marching on towards progress; the legacy of Rani Lakshmibai inspires it to fight for justice, equality, and freedom. Her story is not merely a chapter in history but an ageless saga of courage forever etched into the hearts of millions.

programs that are aimed at closing the gap. Communities need to challenge cultural norms that undervalue girls' education and instead create environments that encourage their academic and personal growth. Proper infrastructure in schools like safe transport, separate sanitation facilities, and resources for menstrual hygiene will keep girls at school. Public awareness campaigns and grassroots initiatives will be able to make a change in the mind-set and stereotypes regarding women's education. Women's education is a force that propels the progress of society along with equality. Educating women is empowering, and that

will bring a world where every person can flourish regardless of gender. Although much has not yet been accomplished, success stories from different parts of the globe remind us of the vast potential that education of women brings along. It is our collective responsibility to remove barriers, challenge inequalities, and ensure that every girl and woman has access to the education she deserves. Hence, the education of women is not just an investment in people; it becomes an investment in a better, fairer future for everyone.

Rising Air Pollution-Related Deaths Urge Stricter Health-Centric Air Quality Regulations



Air pollution is a silent, pervasive killer that continues to claim millions of lives annually. The World Health Organization (WHO) estimates that nearly 7 million people die prematurely each year due to air pollution, making it one of the leading environmental causes of death globally. As the adverse effects of polluted air become more pronounced, there is an urgent call for stringent, health-based air quality standards to safeguard public health.

Air pollution is primarily caused by harmful particulate matter (PM), nitrogen dioxide (NO₂), sulfur dioxide (SO₂), ground-level ozone (O₃), and other pollutants that enter the atmosphere from industrial activities, vehicular emissions, and the burning of fossil fuels. These pollutants are linked to respiratory diseases, cardiovascular problems, stroke, and lung cancer. Fine particulate matter, known as PM_{2.5}, is particularly dangerous. These microscopic particles penetrate deep into the lungs, where they can enter the bloodstream and cause long-term health issues, particularly among vulnerable populations such as children, the elderly, and those with pre-existing conditions. According to the WHO, more than 90% of the global population lives in areas where air quality levels exceed its guidelines. The consequences are dire, with pollution-related diseases like chronic obstructive pulmonary disease (COPD), asthma, and heart disease on the rise. In many cities, poor air quality can shorten life expectancy and significantly increase healthcare costs due to the high burden of disease associated with polluted air.

While many developed countries have established air quality standards, they often fail to align with the latest scientific evidence linking air pollution exposure to health risks. For example, the United States Environmental Protection Agency (EPA) sets air quality limits that regulate six common pollutants, including PM_{2.5} and ozone. However, studies suggest that even levels of PM_{2.5} deemed "safe" by the EPA can still result in negative health outcomes. The current thresholds are often a compromise between environmental, political, and economic factors rather than being purely health-based. In contrast, WHO's 2021 updated air quality guidelines recommend much lower exposure limits,

reflecting mounting evidence that even low levels of pollution can be harmful. However, these guidelines are not legally binding, and many countries, especially in low- and middle-income regions, lack the capacity or political will to enforce stricter standards.

The growing evidence of air pollution's toll on human health has heightened the call for health-based air quality standards. These standards would prioritize minimizing health risks over economic considerations or industrial activity. They would be informed by the latest medical research and would aim to ensure that air pollution levels are kept well below the thresholds where adverse health effects begin to occur.

Health-based air quality standards are not only about saving lives but also improving the quality of life for millions. Cleaner air can lead to fewer hospital admissions, reduced healthcare costs, and increased worker productivity. Additionally, reducing air pollution contributes to mitigating climate change, creating a healthier environment for future generations.

Implementing health-based air quality standards requires concerted action from governments, industries, and the public. Policy reforms that encourage renewable energy, sustainable transportation, and industrial regulations can significantly reduce emissions. Governments must also invest in real-time air quality monitoring systems to enforce these standards and ensure transparency in reporting air pollution levels. Public awareness is another critical aspect. People must be informed about the dangers of air pollution and how they can protect themselves, especially during high-pollution episodes.

Community engagement, through campaigns and citizen science initiatives, can play a vital role in pushing for cleaner air policies.

In conclusion, the increasing number of deaths linked to air pollution underscores the need for robust, health-based air quality standards. These standards should be grounded in science and prioritize the protection of public health over economic interests. Only through decisive action can we reduce the global health burden posed by polluted air and move towards a cleaner, healthier future.

-By Shikha, BMM, 1st Sem

The Role of AR/VR in Learning: What the Future Holds for Immersive Technologies



Education landscape has been rapidly changing in the last few years, and one of the most exciting changes is the development of Augmented Reality (AR) and Virtual Reality (VR) in learning. These immersive technologies have tremendous potential to transform how students interact with and absorb knowledge. As these technologies become more accessible, their application in educational settings promises to reshape learning experiences and make education more engaging, effective, and inclusive.

Augmented Reality (AR) is a technology that enhances the real-world environment by overlaying digital content such as images, sounds, or videos. Unlike VR, AR does not replace the real world but augments it, allowing users to interact with both virtual and physical elements simultaneously. For instance, with AR, students can use their smartphones or tablets to explore interactive educational content on real-world objects, creating dynamic learning experiences. VR, on the other hand, puts the user into a completely digital world. VR employs headsets or special equipment that blocks out the real world and creates a simulated environment where students can interact with 3D models or virtual objects. This provides deep immersion, making it ideal for subjects that require a high level of engagement, such as anatomy, history, or design. One of the most important benefits of AR and VR in education is the ability to provide experiential learning. These technologies can enable students to experience things that would otherwise be impossible, dangerous, or too expensive. For instance: Medical Education: Virtual reality can be used by medical students to conduct virtual surgeries, learn about human anatomy in three dimensions, and practice procedures without the use of cadavers or real patients. AR can be used in the classroom to visualize 3D organ models, which would provide a better understanding of the human body.

This involves teaching students by plunging them into real worlds that they practice and learn about other languages. This can include taking learners and setting them down in a simulated virtual country with natives and having learners experience some aspects of cultures as well as providing language support. AR could

facilitate language learners with the addition of translated texts of real world things, in their learning and discovering new vocabularies.

Personalized Learning: AR and VR enable personalized learning at scale. Students can learn at their own pace, reviewing concepts through immersive simulations until they master them. This flexibility accommodates diverse learning styles and needs, offering a more inclusive education system.

Safe Learning Environments: In fields such as chemistry or engineering, where practical experiments can be dangerous, AR and VR provide a safe environment in which to experiment and fail without all the real-world consequences. So, they aren't penalizing for 'mistakes of experimental procedure' so much.

This looks very bright for the future of education and AR/VR. They will grow exponentially. Hardware continues to advance from lighter, cheaper VR headsets to more complex and immersive content, which should continue to dominate the classrooms across the globe.

In the future, we will have AI-powered learning experiences integrated with AR/VR. AI can personalize content in real-time based on each student's progress and provide tailored feedback. Moreover, the rise of 5G technology will make it easier to stream high-quality VR content with minimal latency, further enhancing the potential for immersive learning.

As the education sector continues embracing AR and VR, the technology will likely extend beyond K-12 and higher education, finding applications in corporate training, distance learning, and lifelong learning. These tools will play a pivotal role in fostering continuous development, preparing individuals for the jobs of tomorrow. The role of AR and VR, undoubtedly, is changing education. With these immersive technologies offering students new ways to interact and experience learning, it helps create more engaging, inclusive, and effective educational experiences. Of course, there remain challenges but promising opportunities for the future of AR/VR in learning. As the technology continues to evolve, it will no doubt play an increasingly important role in shaping the next generation of learners.

The Rising Heart Attack Risk Among Youngsters: Unhealthy Lifestyles in Focus



In recent years, there has been a noticeable surge in heart attacks among younger people, a worrying trend that doctors and health experts attribute primarily to unhealthy lifestyle choices. Historically, heart disease was seen as a condition affecting older individuals, but today, an increasing number of cases are being reported in those under 40, with some even in their 20s and 30s. The implications of this shift are grave, and understanding the contributing factors is crucial to reversing the trend.

Sedentary Lifestyle and Lack of Exercise: One of the most significant lifestyle changes contributing to rising heart disease in the younger population is the increasingly sedentary nature of modern life. With the proliferation of desk jobs, remote work, and entertainment options like streaming services, video games, and social media, people are spending more time sitting and less time being physically active. The American Heart Association recommends at least 150 minutes of moderate exercise per week, but many young adults fall far short of this. Lack of physical activity can lead to obesity, high blood pressure, and high cholesterol, all of which are major risk factors for heart disease.

Poor Diet and Fast Food Culture: The modern diet is another culprit. Young people today are more likely to consume processed foods high in unhealthy fats, sugars, and sodium, while fruits, vegetables, and whole grains are often neglected. Fast food, sugary drinks, and ready-made meals have become staples in many diets due to convenience and affordability. This diet is a recipe for disaster, as it can lead to obesity, insulin resistance, and eventually, type 2 diabetes, all of which increase the risk of heart disease. High levels of cholesterol, which result from a diet rich in saturated and trans fats, contribute to plaque buildup in the arteries, narrowing them and making heart attacks more likely.

Smoking, Vaping, and Substance Abuse: Another alarming trend among young adults is the rise in smoking and the popularity of vaping. While traditional cigarette smoking has seen a decline, vaping is often perceived as a safer alternative, but the truth is that e-cigarettes still contain nicotine, which raises blood pressure and increases the likelihood of a heart attack. Moreover, many young people are turning to substances like recreational

drugs and alcohol as part of their lifestyle. Excessive alcohol consumption and substance abuse can damage the heart over time, weakening it and leading to long-term cardiovascular issues.

Stress and Mental Health Struggles: Mental health plays a significant role in heart health, and younger generations are facing unprecedented levels of stress and anxiety. The pressures of career, education, financial instability, and the expectations set by social media have created a generation struggling with chronic stress. Chronic stress causes the body to release stress hormones such as cortisol, which, when elevated over long periods, can raise blood pressure, contribute to weight gain, and lead to inflammation—all of which are risk factors for heart disease. Additionally, poor mental health can lead to unhealthy coping mechanisms like overeating, drinking, and smoking, further exacerbating the problem.

Lack of Awareness and Preventive Care: Another issue is the lack of awareness among young people regarding heart health. Many believe heart disease is an "older person's problem" and are unaware that their current lifestyle choices are setting the stage for future health issues. As a result, they may neglect regular health check-ups and fail to monitor their blood pressure, cholesterol, and overall heart health. Early detection of risk factors can significantly reduce the likelihood of a heart attack, but without awareness, young people often miss the warning signs until it's too late.

The rise in heart attacks among young adults is an alarming trend that requires immediate attention. Unhealthy lifestyle choices, including poor diet, lack of exercise, substance abuse, and chronic stress, are all contributing factors. It's essential for young people to become more aware of the risks and take proactive steps toward a healthier lifestyle. This includes adopting a balanced diet, incorporating regular exercise, avoiding harmful substances, and managing stress effectively. Additionally, regular medical check-ups can help in early detection of risk factors and prevent future heart-related problems. Only through concerted effort and lifestyle changes can we hope to reverse this troubling trend and safeguard the heart health of future generations.

-By Shikha, BMM, 1st Sem

Rising Danger of Mpox in India: A Growing Concern



India, like many other countries, has recently seen an increase in the number of reported cases of mpox, also known as monkeypox. Originally endemic to Central and West Africa, this viral zoonotic disease has become a global health concern, and its rising presence in India signals an urgent need for awareness, prevention, and control measures. While the Indian health system is equipped to handle a variety of health crises, mpox presents unique challenges that must be addressed immediately to prevent a widespread outbreak. Mpox is caused by the monkeypox virus, which belongs to the Orthopoxvirus genus, the same family as the virus responsible for smallpox. Though monkeypox is much less severe than smallpox, it can still cause significant health complications, especially in vulnerable populations such as children, the elderly,



and immunocompromised individuals. It is characterized by fever, intense headaches, muscle aches, back pain, swollen lymph nodes, and the development of a rash that progresses from macules to pustules and eventually scabs. Human-to-human transmission occurs primarily through direct contact with infected body fluids, respiratory droplets, and contaminated materials like bedding or clothing. India has reported a concerning rise in mpox cases over the last year, primarily driven by a number of factors. Increased global travel has played a significant role in the transmission of the disease, as individuals unknowingly bring

the virus into the country. Additionally, the densely populated urban areas of India provide an ideal environment for the rapid spread of communicable diseases. The virus can also be transmitted through zoonotic means, with the possibility of infected animals like rodents acting as carriers. One of the key reasons for the rise in cases is the lack of widespread awareness about the disease. While the world has been grappling with COVID-19, lesser-known diseases like mpox have not received the same level of attention, making it difficult for people to recognize the early symptoms and take precautions. Furthermore, due to limited public knowledge, some individuals may confuse mpox with other viral infections, delaying diagnosis and treatment. Containing an outbreak of mpox in a country as populous and diverse as India presents several public health challenges. First, early detection and isolation are critical in curbing the spread of the virus. However, limited access to healthcare facilities in rural and underserved regions can delay diagnosis, allowing the virus to spread more widely before interventions can be put in place. Second, India's healthcare system is still recovering from the strain caused by the COVID-19 pandemic. Hospitals and healthcare workers are stretched thin, which could hinder their ability to effectively manage another large-scale outbreak. Moreover, misinformation and stigma surrounding the disease could lead to underreporting of cases, making it more difficult for authorities to accurately track and contain the virus. To mitigate the rising danger of mpox, India needs to adopt a multi-faceted approach. Public awareness campaigns should be launched immediately to educate people about the symptoms, modes of transmission, and preventive measures for mpox. In addition, healthcare workers must be trained to recognize the signs of mpox early and provide appropriate care. This includes ensuring that hospitals have the necessary resources, such as isolation wards and personal protective equipment (PPE), to manage mpox case.

-By Shikha, BMM, 1st Sem

द्रौपदी



हस्तिनापुर की वो नगरी थी, महाराज धृतराष्ट्र की वो सभा थी,
सभा में 105 भाई थे, जहां 100 कौरव और 5 पांडव कहलाये,
सभा में अमंत्रित 5 पांडवों को किया,
जहां आमंत्रण में तो सम्मान था पर अपमान बहुत किया,
जहां माता गांधारी ने प्यार तो बहुत लुटाया,
परंतु तत्श्री धृतराष्ट्र को रस न आया,
मामा श्री शकुनि ने स्वागत का षडयंत्र रच,
और स्वागत के इस शर्यान्त्र में चौसर का खेल रखा,
जहां खेल के नियम तो सरल थे, पर कौरवों के मन अपवित्र,
जब बैठे भाई खेलने लगे, और दाओ पे दाओ लगने लगे,
तब धर्मराज धर्म से बंधे थे, वचन अनुसार धन दाओ में हरे,
वचन अनुसार भाई दाओ में हरे, वचन अनुसार स्वयं को दाओ में हरे,
और आखिर में द्रौपदी को दाओ पार लगाया,
धर्म से बंधित धर्मराज ये कहां जान पाए,
के जहां वो धर्म के मार्ग पर अपना सब कुछ खो बैठे,
वाहा भ्राता दुर्योधन संग मामा श्री पुरा का पुरा खेल अपनी मुट्ठी में पकड़े बैठे,
जहां पासा बना महाराज सुबल की हड्डियों का,
और वो पासा मामा शकुनि की कठपुतलियों सा,
मनचाहा अंक मामा शकुनि लाये, मनचाहा नाच मामा शकुनि नाचये,
मनचाहा व्यवहार दुःशासन रचये,
केशो से पकड़ कर यज्ञसेनी को भारी सभा में खींच कर लाये,
जहाँ द्रौपदी की आँखों में आँसू थे, वाहा किसी पापी को लाज ना आयेद्य
हृदय में निराशा लिये , अग्नि सी हताशा लिये,
जब यज्ञसेनी सभा में उपस्थित महापुरुषों को बुलाए,
तब किसी के होठों पर कोई उत्तर ना आए,
जब पितामह भीष्म मौन हुए, तब अग्नि से जन्मी ही अग्नि में जल उठी,
जब पिता के मित्र पिता समान गुरु द्रोण मौन ह्यू,
तब यज्ञसेनी अग्नि में पिघल उठी, महामहिम और द्रोण की विवाशता थी?
तब अपने पतियों पर उंगली उठाई,
जिस गांडीव से लक्ष्य भेदा था, वो गांडीव भी लज्जित हुआ और आर्यपुत्र अर्जुन मोन हुए,
जिस गदा से न्याय के लिए बकासुर का वध किया, वो न्याय भी लज्जित हुआ और
आर्यपुत्र भीम मोन हुए,
जिस धर्म के मार्ग पर चल कर सब कुछ हार गए, वो धर्म भी लज्जित हुआ और
आर्यपुत्र युधिष्ठिर मोन हुए,
जिस शुक से पापियो को दंड देने का वचन है, वो शुक भी लज्जित हुआ और आर्यपुत्र
नकुल मौन, जिस परशु के द्वार न्याय किया, अज वो परशु भी लज्जित हुआ और आर्यपुत्र
सहदेव मौन, महामहिम, द्रोणाचार्य, तो विवश हैं,
और आपकी ऐसी क्या विवाशता हुई के अपनी ही पत्नी को अर्धांगन अवस्था में ले आए
सब कुछ हरे तो हरे परंतु अपनी ही पत्नी को दाओ पर लगा आए,
जब स्वयं को दाओ में हारे तो मुझे किस हक से दाओ पर लगाया,
जब हर चीज से अपना हक खो बैठ तो मुझ पर किस हक से हक जताया?
जब स्वयं को सब धर्मज्ञाता मानते हो,
स्वयं को सब धर्मपथ की औरअग्रसार करते हो,
तो सबसे बड़ा धर्म कैसे भूल गए, और धर्म भूले तो भूले,
इक नारी का सम्मान कैसे भूल आये? किसी को अपना धर्म तक ज्ञात नहीं,
और धर्म की बातें सब करते हैं, किसी के मुख पर लज्जा नहीं,
और एक नपुनसाक की तरह एक नारी का अपमान होते देखते हैंद्यद्य
मैं तो एक की पत्नी बन कर आई थी माता कुंती ने मुझे 5 में बाँट दिया,
मैं तो एक का प्रेम लेने आई थी माता कुंती ने मेरा ही प्रेम 5 में वंचित कर दिया,
अपने हृदय पर पत्थर रखा, समस्त समाज की बातें सुनीं,
के एक पुरुष की कई पतनियां तो हो सकती हैं,
किंतु ये कैसी स्त्री है, जो एक की सगी नहीं,
मैंने तो 5 को अपनाया, किंतु एक ने मुझे नहीं,
मैंने माता का वचन बचाया, परंतु किसी ने मेरा सम्मान नहीं,
मर्यादापुरुषोत्तम कि बातें सोचती हूँ तो लगता है सब बोलते हैं
कोई करता नहीं, जो कहते हैं प्राण जाए पर वचन ना जाए,
वोहि हरि वोहि विष्णु अब वोही आएंगे,
कोई आए ना आए, कृष्णा के कृष्ण अवश्य आएंगे,
यहां कोई मेरा सम्मान बचा नहीं सकता,
मेरा गोविंद मेरा अपमान करा नहीं सकता,
यहां कोई मुझे अपना नहीं सकता, मेरा गोविंद मुझे ठुकरा नहीं सकता,
श्री कृष्ण.... श्री कृष्ण...श्री कृष्ण...

By Bhumi Bhola, BMM, 1st Sem

यू कुछ बाते रह गई अधूरी सी
पर क्या सिर्फ बाते थी जो रह गई अधूरी सी!?
कहना तो चाहती थी तुमसे कोई बात
पर शायद तुम्हारे बाद मैं भी रह गई यू अधूरी सी

-By Vidhi Gupta, BMM, 1st Sem

नारी तू शक्ति का स्वरूप

तू धरती पर आसमान की छांव है,
हर बंधन को तोड़ने का नाम है।
तेरी सांसों में बहती उम्मीद की धारा,
हर मुश्किल को करने वाली सुलझा।

तू सुबह की पहली किरण बनकर आई,
अपने दम से अंधेरो को दूर भगाई।
तेरी हिम्मत से दुनिया को रोशन किया,
हर कदम पर खुद को नया बना लिया।

तेरे हाथों में सृजन की कूची है,
तेरी बातों में ममता की रूचि है।
तू माँ है, बेटी है, बहन है, सखी,
हर रिश्ता निभाती बिना कोई शिकायत सही।

तू वो है जो खुद में ब्रह्मांड समेटे,
दुनिया की हर मुश्किल को हंसकर झेले।
अपने हौसले से आसमान छू ले,
हर ख्वाब को हकीकत में बदल दे।

उठ, जाग, और खुद को पहचान,
तू खुद में पूरी एक कहानी, एक जहान।
तेरी ताकत से दुनिया बदल जाएगी,
तू जब चलेगी, तो राह खुद बन जाएगी।

नारी, तेरा हर रूप है महान,
तू ही इस दुनिया का असली गुमान।
अपनी रोशनी से सबको राह दिखा,
तू है नारी, कभी न खुद को झुका।

-By Nisha BMM, 3rd Sem

कैसे कहू नहीं इंतजार मुझे तेरा
हर हिस्से में एहसास है तेरा
यू जो छोड़गया इस तरह मुझे तू
तू ही बता क्या मुझमें कुछ नहीं था तेरा!?

-By Vidhi Gupta BMM, 1st Sem



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